# Ongoing Grief Support Groups



A service of Stillwater Hospice

Awareness that grief may affect every aspect of our life is the beginning of our healing process. These programs, focusing on grief and loss, are designed to provide any adult who has suffered the death of a loved one an opportunity to explore, learn and feel supported in a safe environment. These community programs are available at no charge and hospice involvement is not required.

# ▼ Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

# **Recent Loss Support Group**

For those who have lost a loved one within 2 years 2nd & 4th Tuesday of each month • 5:30-7 p.m.

#### **Women's Afternoon Grief Support Group**

After the death of a spouse or significant other 2nd & 4th Wednesday of each month • 2-3:30 p.m.

#### **Women's Evening Grief Support Group**

After the death of a spouse or significant other 3rd Monday of each month • 6-7:30 p.m.

#### **Anticipatory Grief Support Group**

For those in anticipation of a death April 25, May 9, May 23, June 6, June 20, July 11, Aug 8 • 5:30-7 p.m. Please call (260) 435-3261 to register in advance.

## **Pet Loss Support Group**

For those who are grieving the loss of a pet 3rd Wednesday of each month • 6-7 p.m.

#### **Finding Hope**

For those who have lost a loved one to suicide 4th Monday of each month • 6:30-8 p.m.

#### We the Living

For those who have lost a loved one to suicide 2nd Wednesday of each month • 7-8:30 p.m.

# ▼ Messiah Lutheran Church 7211 Stellhorn Road, Fort Wayne, IN 46815

# **Stellhorn Grief Support Group**

1st & 3rd Monday of each month • 6:30-7:30 p.m. Call (260) 435-3261 to register.

▼ First Christian Church910 N. Indiana Ave., Auburn, IN 46706

# **Auburn Grief Support Group**

For any loss due to death 2nd & 4th Tuesday of each month • 6-7:30 p.m.

▼ Café of Hope900 E State St., Huntington, IN 46750

# Huntington Grief Support Group BEGINNING MAY 10

For any loss due to death 2nd Tuesday of each month • 6:30-8 p.m.

**▼ Meeting Location Varies** 

# **Compassionate Friends**

For grieving parents, grandparents & siblings 1st Tuesday and following Thursday each month • 7 p.m.

Contact Doug & Kay Smith for meeting locations, (260) 493-7724, leave a message to receive a return call. No meetings in July or December.

For information on any of these programs or individual grief support please call (260) 435-3261 or visit our website: stillwater-hospice.org.

